



# BEER BISON AND BLUEGRASS



CHROMATIC HARMONICA  
MADE BY M. HAHNER

**Saturday, September 1, 2018**  
**Our Lady of Good Counsel Hall**  
**605 Maple Street, Fort Bragg**  
**12 Noon to 4pm**

Enjoy incredible bluegrass music, and sample local brews!  
Bison burger meals, hot dog plates, beverages and more  
will be available for sale, \$1 - \$10 each.  
Silent Auction, Raffle, and more!

Admission: \$45 includes beer tasting. Just music \$25.  
\$5 more at the door

Tickets available at the Paul Bunyan Thrift Shop, Harvest Market,  
Out of this World, and [Brownpapertickets.com](http://Brownpapertickets.com)



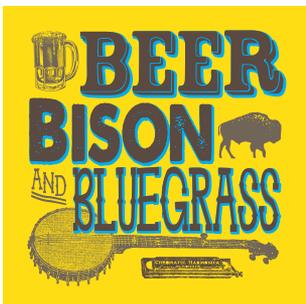
# SPONSOR

Just outside Ukiah, California, in the rugged hills of Mendocino County right off Highway 20 is the J-Bar-S Ranch. Almost 1,000 acres of beautiful hills, oak trees, and dozens of bison.

J-Bar-S Ranch is an honest-to-gosh real working ranch with genuine bona fide ranch hands. The ranch is open Tuesday through Saturday from 10:30 am to 5:30 pm. The ranch includes a Bison store where you can buy genuine Bison steaks, roasts and burgers as well as BBQ sauces, and dozens of souvenir items.

In addition, the ranch offers tours for groups of 12 or more. Tours are about two hours long and includes an “up close and personal” visit with real Bison (not too close; they are wild animals). Tours are carried out using our Tatanka Wagon, which is a customized surplus Military vehicle. “Tatanka” is the Sioux Indian word for “Buffalo”. Also included as part of the tour is a stop at Lawson’s Lake and a fresh Bison Burger lunch.

To arrange a tour, it’s best to call ahead (707.485.6852) and talk to Jerri. Cost is \$20.00 per person and includes everything described above.



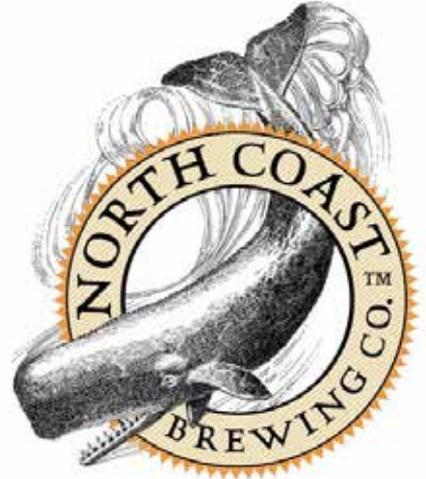
# Hello and Welcome to Parents and Friends 6th Annual Beer, Bison and Bluegrass Celebration!

Parents and Friends was started before 1955 by a group of Parents and Friends of developmentally disabled (then called retarded) children who refused to have their children institutionalized, as was then recommended by the medical community. The children were also denied access to public schools because they were deemed to be “unable to learn.” The school had no name at first, but a founder’s non-handicapped daughter explained to her mother that the school needed a name, because her friends were asking her where her sister was going every morning and when she replied ‘to school’ her friends wanted to know the name of the school. Her mother asked her what she would name the school and the little girl replied “The Paul Bunyan School.” When asked, “Why Paul Bunyan” she replied “Because Paul Bunyan can do anything!”

So, again, welcome to the Beer, Bison and Bluegrass Celebration and thank you for coming, because, as the little girl said, we can do anything, as long as we can do it together! Enjoy!

Rick Moon  
Chief Executive Officer  
Parents and Friends, Inc.

## Sample brews from some of Northern California’s best microbreweries!



# THE MENDOCINO QUARTET



Four professionals, all veterans of the international music scene. Individually, each is a gifted musician, vocalist and songwriter; together they represent a collaboration of 2 generations of Mendocino County's own. The members of The Mendocino Quartet share a deep love of music and a joyful performance style. When they take the stage, prepare for toe-tapping, knee-slapping, hand-clapping and world-class vocal harmonies and instrumental blend.

**David Hayes** on acoustic upright bass and vocals: a member of the Van Morrison Band for most of the last 4 decades, David is also a veteran of Jesse Colin Young's band and Southside

Johnny and the Asbury Jukes. He has also played with Ray Charles, Tom Waits, Sheryl Crow, John Lee Hooker, Bobby "Blue" Bland, Solomon Burke, Country Joe McDonald and dozens more. David has over 250 recordings to his credit and has circled the globe multiple times on tour.

**Gene Parsons** on guitars, banjos and vocals: best known for his work with The Byrds and The Flying Burrito Brothers, Gene is also a veteran of hundreds of stage and studio performances who has played with Arlo Guthrie, The Rolling Stones, The Everly Brothers, Randy Newman, Sheryl Crow, Vassar Clements and numer-

ous others. Gene is also the inventor of the String-Bender, one of the most sought-after customizations for electric and acoustic guitars the world over.

**Gwyneth Moreland** on accordion, guitars and vocals: an acclaimed songwriter and vocalist whose solo work and tours have taken her to stages all across the U.S. and a featured spot on shows such as NPR's Music City Roots: Live at the Loveless Cafe. Gwyneth's third full-length album Ceilings Floors and Open Doors was immediately embraced by Folk radio. Its lead single debuted on the Folk chart at #3. Produced by bandmate David Hayes, the album also charted, landing at #31 for January and remained in the top 50 for much of 2015.

**Steven Bates** on guitars, mandolin and vocals: leader of the Steven Bates Band, a favorite in clubs from Hollywood to his hometown on the Mendocino Coast, Steven is in-demand for dozens of performances every year. Steven is also a veteran of many studio sessions with producers such as Bill Bottrell and musicians all along the West Coast.

# GREEN FIELDS



Local homegrown bluegrass group The Green Fields will open up the festivities with their fierce, energetic, original bluegrass tunes.



Featuring:

**Pook Rossum**

on Banjo and Vocals

**Paul Oliphant**

on Guitar and Vocals

**Alejandro Yañez** on Mandolin

**Duncan Rossum**

on the Washboard

**Ed Welter** on Bass

**Gabriel Yañez** on Drums

# BLUEGRASS

# **What is Parents and Friends?**

Parents and Friends, Inc. is a non-profit organization that has served people with developmental disabilities since 1955. We are located in the city of Fort Bragg on the Mendocino Coast of California. Governed by a local Board of Directors, we are dedicated to our mission to provide opportunities for persons with developmental challenges and similar needs to participate fully in our community.

Parents & Friends, Inc. was founded in 1955 by a group of parents and their friends to provide the education the public schools then denied their handicapped children. Determined parents along with dedicated volunteers taught many children to read and write, to become more self-sufficient, and to enjoy leisure activities in our community. Almost twenty years went by before developmentally disabled children were provided an education by our public schools.

Over the years, we have changed our focus from children to adults with special needs and developed many new services. PFI provides support services for those living on their own in the community, opportunities for employment as well as a job development service and a fully licensed day program.

Parents & Friends recognizes that adults with developmental challenges want and have a right to the same options and opportunities for living and working in the community that are available to the rest of the population. PFI continues to strive to meet their needs.

## **Non-Profit Status**

PFI is a public supported, 501(c)(3) non-profit organization, incorporated in the State of California.

Federal Tax ID #94-1337624

**Parents and Friends, Inc.**  
**PO Box 656**  
**306 East Redwood Avenue**  
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# The Evolution of PFI

1955 – Parents and Friends was founded.

1956 – Parents and Friends, Inc. is granted 501c3 non-profit status.

1960 – The Paul Bunyan School was established.

1963 – The Paul Bunyan Thrift Shop was opened.

1965 – The Paul Bunyan Work Training and Activity Center was started.

1966 – 1978 – The Infant Stimulation Program and the Respite Care Program existed.

1968 – Lipsett Property was purchased and became the Cypress Street Center.

1975 – 1982 –The Recycling Center existed.

1977 – 1988 – Harrison St. House, Harrison St. Apartment, and the Coastal Skills Development program were started.

1981 – 1994 – Adirondack Designs (woodshop) and the Cypress St. Bakery were established.

1999 – 2002 – Cypress Landscape Service, the Cut Flower Garden, The 50 cent Store (later to become Our Dollar Store), the Community Connection (day program), the Job Connection (employment program), and The Furniture Annex were established.

2007 – Received three-year CARF Accreditation.

2008 – The L.I.F.E (Learning Independence From Experience) program and the 24-7 programs were started.

2010 – Received three-year CARF Accreditation.

2012 – Moved the Paul Bunyan Thrift Store to new Main Street location. Obtained C.V. Starr memberships for L.I.F.E and Community Connections program participants.

2013 – Received three-year CARF Accreditation and moved our offices to 306 E. Redwood Avenue.

2014 – Acquired building on Chestnut St. to teach home cooking and other daily living skills; this facility became the home base for our Community Connection program.

2015 – Established additional, specialized support services focusing on Aging and Dementia needs, Independent Living Services, and Adaptive Technologies. Established membership with the Mendocino County Farmer's Market, participating in the year-round Fort Bragg Farmer's Market.

2016 – Re-established our much loved Places To Go Program, and received our 3rd consecutive three-year CARF Accreditation. PFI employee headcount surpasses 150. We continue to serve some of the now adults who attended the Paul Bunyan school in 1960!

2018 – PFI employee headcount surpasses 170! This fiscal year PFI has provided over 196,000 paid training hours to our staff. Our first RCFE, Azalea House, is set to open later this summer. We applied for and received 2 grants this year to provide person-centered thinking training, and, a full time job developer to our Community Integration programs. PFI purchased a facility on Cypress Street to support the ongoing growth of the Community Connection day program, which will soon be licensed to serve additional participants; we now have 7 facilities to support our mission.



Students and staff of the first Paul Bunyan School on Corry Street.



The Lion's Club paid the rent on the Corry Street building!



Our first RCFE, Azalea House, is set to open later this summer.

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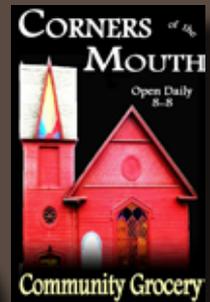
**Thank you to all of those that make the 6th annual Beer, Bison and Bluegrass possible!**

Parents and Friends would like to thank the BBB planning committee, our sponsors and all of our volunteers.

Planning and preparation goes on all year long. It wouldn't come together without the work of countless individuals.

We would also like to thank our community for its wonderful support of our events, our programs and the people we serve.

We always hold the vision of who we serve and why we are doing this...and we aim to provide a good time for all!



**THE COLOR MILL**



Food will be available for sale, thanks to our generous sponsors. We offer a full bison burger lunch from J Bar S Ranch, or a hot dog plate with chips. A vegetarian option will also be available, as well as strawberry shortcake, featuring Cowlick's ice cream; and Thanksgiving Coffee. For those that choose beer tast-ing, selected brews from several microbreweries will be available - North Coast Brewing Company, Overtime Brewing, Lagunitas Brewing Company, Lost Coast Brewery, Mad River Brewing, Anderson Valley Brewing Company, and this year we are pleased to welcome our first cider to the lineup from Humboldt Cider Company.

The Mendocino Quartet (Hayes, Parsons, Bates, and Moreland); Green Fields, and special guests will rock the stage!

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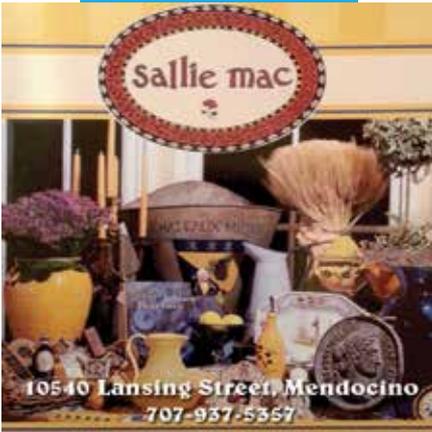


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## Programs of PFI

**Coastal Support Services (CSS)** At least 50% of all PFI consumers live independently. To help support these individuals to be as self sufficient as possible, CSS provides these individuals a supported living service. Support teams work with the individuals and their circle-of-support teams to create a plan to best serve each person's "important-to and important-for" goals and needs. "Important-to" examples include shopping and enhancing social skills. "Important-for" supports usually center around medical/dental needs and living safely in the community.

**The Community Connection** is a State Licensed Day Activity program offering individuals with severe disabilities the opportunity to participate in everyday community life. Located in a convenient location, clients have access to the park, rec center, restaurants, the college and stores. Every opportunity is made to encourage participants to increase their social contacts and form lasting relationships with other community members, including employment opportunities.

**The Job Connection** serves individuals with disabilities and also supports their employers. The support provided is goal oriented, and based on a plan that the individual generates. This plan (The Individual Habilitation Service Plan) is updated semi-annually and outlines how the individual would like to see his or her career develop through identifying long-term and short-term goals.

**Learning Independence From Experience or L.I.F.E.** on the Coast is a community based program that is tailored to an individual's needs involving work and non-work related activities. When possible, all services are provided in natural environments where activities typically occur for non-disabled people. Participants in this program must be 18 years of age and older and may include those in their last year of high school. Participants are encouraged and supported to choose their own job development and other activities based on their own dreams, needs, and goals.

**The Places to Go Program** is designed to promote the independence of the individual by allowing them to experience different types of community activities. Thereby they discover their unique needs, wants and talents that define individualism in all of us. The program is open to all individuals referred from the Regional Center, and also serves transitional students from the Transition Learning Center and High School at the discretion of the Regional Center. This helps to further the goal of "seamless transition" from school to adult services as well, introducing younger participants to more diverse age groups and an adult service organization.

**Azalea House** is PFI's first residential care facility for the elderly. It is a state-licensed facility located in the town of Fort Bragg, and will serve up to four residents. Azalea House will provide 24/7 care for developmentally disabled individuals age 59 1/2 or older, who also have alzheimers, dementia, or some other age-related condition.

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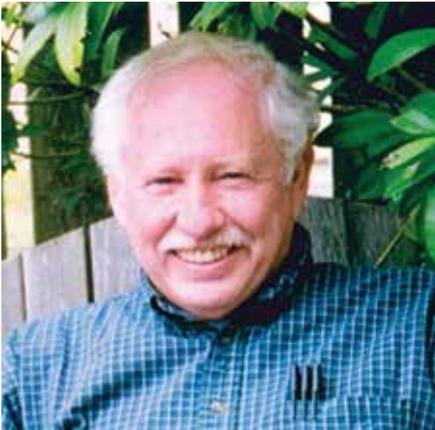
# Founders of PFI



Dolores Scott, founder, teacher, CSC Director



Lotte Moise, one of PFI's Founders



George Griffith directed the Cypress Street Center for over 20 years.



**Royce Morgan**  
**707.964.2501**  
**FAX 707.964.6232**

An advertisement for Gallery Bookshop. The background is dark with white text and a central image. The text reads: "A World-Class Bookstore in the Heart of Mendocino Village". Below this is a silhouette of a person reading a book in a window. The text "Gallery Bookshop" is written below the image. At the bottom, it says "Main & Kasten · Mendocino 937-BOOK (2665) Open Every Day 9:30-6; to 9pm Fri & Sat". On the left side, the website "www.gallerybookshop.com" is written vertically.

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An advertisement for Fort Bragg Transmission & Auto Repairs. The background is black with yellow and white text and graphics. At the top left is a yellow lightning bolt icon. The text reads: "Fort Bragg Transmission & AUTO REPAIRS". Below this, it says "ATRA Member, ASE Certified". At the bottom, it lists the address "701 S Franklin Street Fort Bragg, CA 95437" and phone numbers "(707) 964-7960" and "FAX (707) 964-6619". The name "David Cimolino owner" is at the bottom left. On the right side, there is a yellow wrench icon.

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# PFI Buildings



Redwood Avenue houses PFI offices and programs L.I.F.E. on the Coast, Coastal Support Services, the Job Connection, Places To Go and Independent Living Services.



Thursday - Saturday, 12 - 4



PFI's building on Chestnut Street has a demonstration kitchen and is the home of the Community Connection program.



Paul Bunyan Thrift Shop & Furniture Annex at 350 South Main Street in Fort Bragg.



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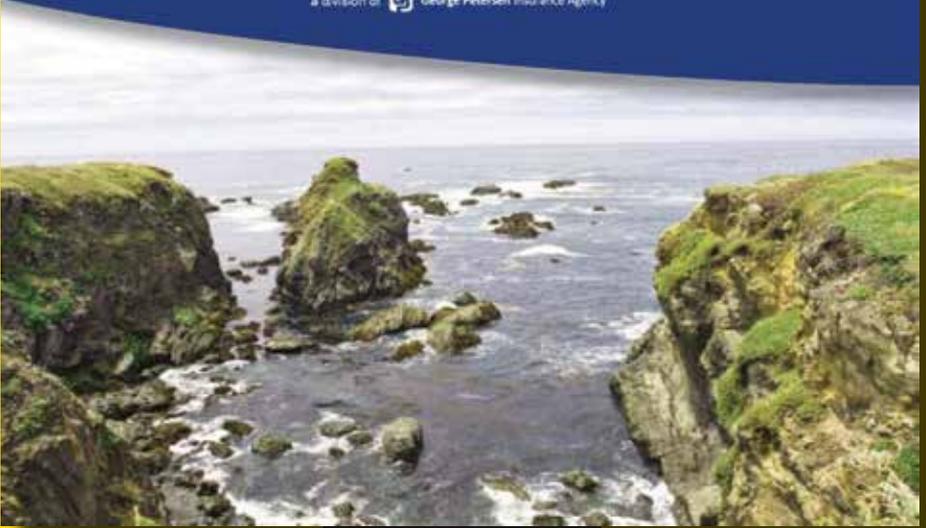
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# Employment Services of Parents and Friends

Parents and Friends has several avenues of community integrated employment services in our coastal community. These services support individuals with all types of disabilities, and their employers. Our programs are goal oriented and based on a plan that the job candidate generates. This plan (The Individual Habilitation Service Plan) is updated semi-annually and outlines how that person would like to see his or her employment path develop through identifying long-term and short-term goals.

Community Employment is defined as employment in businesses in the community. A job developer works with clients and local businesses to cultivate jobs that match client preferences and abilities with employer's needs. An important part of the service is to provide a job coach who facilitates job training and helps the individual, their co-workers and supervisors to build and maintain solid working relationships for as long as needed.

Job Development and Employment Preparation services are available before an individual is employed. We help job candidates through the application process by helping to prepare for interviews, make resumes and fill out applications. Vocational Assessment can be used to identify skills, strengths and barriers, in order to assist people in choosing vocational goals. Also, specific skills training is offered to provide one-on-one support in overcoming barriers to employment so that individuals can achieve their vocational goals.

Parents and Friends will soon be offering a weekly Job Club where individuals can meet as a group to learn about working and prepare for their employment path. Skills and interests are explored and participants prepare for employment by building a resume. Group employment opportunities give job candidates the chance to receive vocational training, actual work experience, and job support while doing interesting and valuable work.

**For information about Parents and Friends Employment Services or to become a Community Employment Partner please contact:**

**Xaviera Hall, Community Integration Department Director**  
707-964-4940 ext: 117 [xhall@parentsandfriends.org](mailto:xhall@parentsandfriends.org)

**Printha Worthen, Job Connection Manager**  
707-964-4940 ex. 105 [pworthen@parentandfriends.org](mailto:pworthen@parentandfriends.org)

# Beer Bison & Bluegras Memories!



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*Photo by Justin Tibbet*

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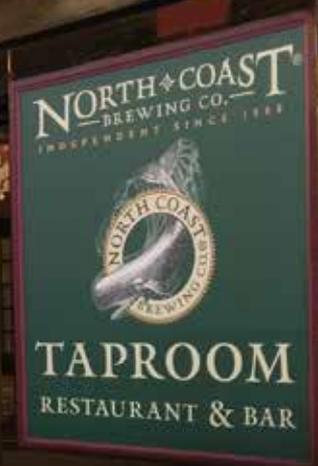
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